



SPORT COACHING

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WHY STUDY AT CSF

CONVENIENT LOCATION
SMART TEACHING
FRIENDLY STAFF

COMPETITIVE FEES
STRONG NETWORK
FITNESS FACILITIES

COMMITMENT TO SUCCESS
STUDENT SUPPORT
FOCUS ON QUALITY

CALL US > +61 2 9267 4768
SEND AN EMAIL > info@csf.edu.au
FIND OUT MORE > www.csf.edu.au

SYDNEY CBD

12 WENTWORTH AVENUE
SYDNEY 2010
NSW AUSTRALIA

MANLY

BUILDING 5
33 SCENIC DRIVE,
NORTH HEAD MANLY
2095 NSW AUSTRALIA

PERTH

LEVEL 1, 120 ROE STREET
NORTHBRIDE WA 6003



COLLEGE OF SPORTS & FITNESS

Sport Coaching

Our sport coaching programs are aimed to provide working and aspiring coaches the opportunity to enhance their development in the area of high-performance coaching.

These programs will help you contextualise and relate knowledge to the current encounters fronting coaches working with elite athletes and organisations involved in high-performance sport. Sports Coaches can also run their own sports training facility and or offer their coaching services.

STUDY PATHWAY



This study pathway enables Diploma graduates of the Sport Development qualification to obtain credit transfer to a university qualification through arrangements with the University of Canberra. To find our more contact Student Services of CSF.



COURSE INFORMATION

Our Sport Coaching courses have been developed according to the requirements of the Sport, Fitness and Recreation Training Package (SIS) and have been approved for delivery by the Australian Skills Quality Authority (ASQA). They are nationally recognised qualifications within the Australian Qualification Framework (AQF).



STUDY TRACK

Our objective is to provide graduates with the necessary skills and knowledge that will empower them to successfully fulfill the demands of the workplace.

Training is delivered in stages that correspond to AQF levels. The desired pathway for a qualification is for students to complete the requirements of the previous level qualification before progressing to the next level – thereby achieving more than one qualification.

Applicants without the previous level qualification will be considered if they have relevant qualification and /or vocational experience.

FUNCTIONAL DELIVERY & ASSESSMENT TECHNIQUES

Delivery and assessment strategies have been selected to mirror the nature of all elements and performance criteria within each competency cooperatively providing the needs and learning styles of the learners.

ENTRY REQUIREMENTS

- › Be 18 years of age or above
- › English language level of minimum IELTS 5.5 or equivalent (if the level of English is insufficient, a suitable course can be organised)
- › Year 11 or equivalent certificate of senior secondary education
- › Have complete physical ability (May require interview prior of acceptance)
- › Surfing - Must have minimum 6 month surfing experience, own board, ability to tread water for 5min and swim 200m.

ADDITIONAL FEES

Enrolment Fee: **A\$200**
Uniform Pack Fee: **A\$100**
Includes first uniform for entry course. Further uniforms will be required for future courses - **\$50** per pack.
Surfing Fee: **A\$100** (Manly Campus Only)

COURSE DELIVERY

Courses are delivered over 20 hours per week through a combination of face-to-face and online delivery.

ACADEMIC YEAR / START DATES

The year is divided into 4 terms. See table for term intake dates.

YEAR	TERM 1 INTAKES		TERM 2 INTAKES		TERM 3 INTAKES		TERM 4 INTAKES	
	PRIMARY	MID-TERM	PRIMARY	MID-TERM	PRIMARY	MID-TERM	PRIMARY	MID-TERM
2020	20 JAN	24 FEB	13 APR	18 MAY	06 JUL	10 AUG	28 SEP	02 NOV
2021	25 JAN	01 MAR	19 APR	24 MAY	12 JUL	16 AUG	04 OCT	08 NOV
2022	24 JAN	28 FEB	18 APR	23 MAY	11 JUL	15 AUG	03 OCT	07 NOV
2023	23 JAN	27 FEB	17 APR	22 MAY	10 JUL	14 AUG	02 OCT	06 NOV

QUALIFICATION	UNIT CODE	UNIT NAME
Certificate IV in Sport Coaching SIS40319 CRICOS Course Code 0101196	SISSSC0003	Meet participant coaching needs
	BSBRSK401	Identify risk and apply risk management processes
	HLTAID003	Provide first aid
	HLTWHS003	Maintain work health and safety
	SISSSC0005	Continuously improve coaching skills and knowledge
	SISSSC0015	Prepare participants for sport competition
	SISXIND009	Respond to interpersonal conflict
	SISSSC0010	Implement sport talent identification programs
	SISXCAI010	Develop strength and conditioning programs
	SISXIND005	Coordinate work teams or groups
Choose one practical elective		
TENNIS		
Tuition Fee A\$ 6,000	SISSTNS002	Coach intermediate players in tennis
	SWIMMING	
Duration 9 months 3 Terms / 30 College Weeks	SISSSWM002	Coach swimmers up to a high-performance level
	MARTIAL ARTS/SURFING/WELLNESS	
	SISSSC0013	Coach sport participants up to an advanced level
Vocational / Employment Outcome › Coach		

QUALIFICATION	UNIT CODE	UNIT NAME
<div>Diploma of Sport</div> <div>SIS50319</div> <div>CRICOS Course Code 0101540</div>	SITXHRM003	Lead and manage people
	BSBRSK501	Manage risk
	HLTWHS003	Maintain work health and safety
	HLTAID003	Provide first aid
	SISSSC0003	Meet participant coaching needs
	SISSSC0004	Plan, conduct and review coaching programs
	SISSSC0007	Apply sport psychology principles
	SISSSC0008	Apply anti-doping policies
	SISSSC0011	Manage integrity in sport
	SISSSC0014	Develop sport coaches
	SISSSC0016	Coach participants in sport competition
	SISXCAI004	Plan and conduct programs
SISXCAI008	Plan, conduct and review training and recovery programs	
Tuition Fee		
A\$ 12,000		
Duration		
18 months		
6 Terms / 60 College Weeks		
Choose one practical elective		
TENNIS/MARTIAL ARTS/SWIMMING/WELLNESS/SURFING		
SISXCAI005	Conduct individualised long-term training programs	
Vocational / Employment Outcome > High performance coach		