WELCOME

We are delighted that you are considering the College of Sports & Fitness (CSF) to start, or continue, your education journey.

During your studies we will encourage you to prepare yourselves and compete in a rapidly changing and complex world. Submerge yourselves entirely in your academic studies, develop your research and communication skills, be open and responsive to new information, be both a leader and a good team player, become comfortable with the technologies available, learn from your teachers and peers but strive to become an independent, flexible, lifelong learner.

Expand your horizons and enhance your talents by participating in the rich cultural life of Sydney, Australia. Seek to invest in your future and explore opportunities to mix academics and sports through the wide range of our available courses.

Undoubtedly, if you choose to start or continue your studies with us the next few years will bring many challenges, be they financial, academic or personal. It is an abiding truth that through adversity we develop resilience and strength of character. Strive to create strong, supportive friendships and seek to balance work with play. Develop a world vision but remember to be grounded in service to family and community.

We sincerely hope that you will participate in a course that has given great gratification to so many of our students.

Best wishes,

Julio Chaves
Co-founder and Executive Director
Since opening in 2007, CSF (College of Sports & Fitness) has grown and become highly recognised as an educational expert within the Sport, Recreation and Fitness industry.

Through many years of experience CSF understands the difficulties of adapting in a new environment therefore we are highly focused on providing the best support service for you as a student to achieve all your academic goals whilst enjoying your new life in Sydney, Australia. From our friendly staff to our five star sporting facilities CSF is confident that your choice to study with us will be an unforgettable experience.

Our courses will provide learners with all the necessary tools, methods, techniques and knowledge to become a specialised professional in their chosen field of sport coaching, sport development and/or sport and recreation whilst providing the learner with a structured learning pathway and practical experience.

Learners at CSF will be exposed to a variety of teaching methods and strategies designed to enhance your experience through face-to-face classes, guest speakers and even opportunities for work experience.

I ALWAYS FELT THAT MY GREATEST ASSET WAS NOT MY PHYSICAL ABILITY, IT WAS MY MENTAL ABILITY.
— BRUCE JENNER
GOLD MEDAL FOR DECATHLON IN THE MONTREAL 1976 SUMMER OLYMPICS.

Committed to deliver the finest educational and practical experience within your chosen learning pathway. We understand the level of obligation that you will apply to your studies so we promise an equal level of commitment.

Successful outcomes can be measured in many forms. We believe achieving success is a result of our determination, perseverance, action and leadership.

This is why we are dedicated to provide you with the best guidance and industry opportunities available. Focused and friendly, we are devoted to provide you a quality and immediate student support service. Mindful that your decision to study abroad is an enormous turning point of your life we will dedicate our time to assist you at all times.
Sydney is Australia's oldest and largest city, set on a stunning harbour, home to two of the world’s most recognizable icons, Sydney Opera House and the Sydney Harbour Bridge. The CBD offers world-class theaters, great shopping, museums, art galleries and restaurants featuring cuisines from around the world. Within easy reach of Sydney CBD are our famous beaches, international sporting venues and some of the world’s most amazing national parks.

Sydney has a multi-cultural population with almost 4 million people from more than 120 countries a desirable destination for international students.

COST OF LIVING
Australia has an affordable cost of living. The average cost of living including accommodation, food, utilities, transport and entertainment is approximately A$18610 per year. Your living costs could be higher or lower than this, depending on where you study and your lifestyle.

SYDNEY ESTIMATED WEEKLY COST

<table>
<thead>
<tr>
<th>Category</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accommodation</td>
<td>A$150 – 250</td>
</tr>
<tr>
<td>Food</td>
<td>A$100 – 200</td>
</tr>
<tr>
<td>Public Transport</td>
<td>A$20 – 50</td>
</tr>
<tr>
<td>Entertainment</td>
<td>A$30 – 60</td>
</tr>
<tr>
<td>Utilities (Telephone, Electricity, Gas)</td>
<td>A$80 – 150</td>
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</table>
CONVENIENT LOCATION
SMART TEACHING
FITNESS FACILITIES

CSF is located immediately east of the Sydney central business district and Hyde Park. Sydney being recognised, as desirable place to live why wouldn’t you want to study with CSF!

FACILITIES

- Two new and modern premises
- Excellent free Gym facilities with showers and change rooms
- Computer Lab
- Student common area with library
- Monthly social activities for students
- Active student council
- Internet access
- Wi-Fi

STUDENT SUPPORT

The college’s Student Support personnel aims to help all students develop successful strategies for coping with the challenges of living and studying in an unfamiliar culture, to achieve success in their studies and to make the experience of being a student at CSF rewarding and enjoyable.

CSF provides an integrated service to students and their families, which includes free and confidential counseling, welfare advice, information and assistance with accessing other support services and resources in the community.

OTHER SERVICES

- Pre-departure information and on-arrival information sessions
- Orientation session
- Arrange programs of social and cultural activities throughout the year
- Education articulation advice into higher education

AT ONE POINT IN YOUR LIFE YOU EITHER HAVE THE THING YOU WANT OR THE REASONS WHY YOU DON’T.

— ANDY RODDICK, TENNIS PLAYER
We strive to develop in our students the knowledge, skills, and attitude that will lead to a successful career pathway. Understanding the transition from study into the working industry can be challenging, our programs offer the students career opportunity within a mixture of possible professional outcome.

With our strong network linking and the persistence to expand its connection within the industry we believe all graduates can gain a career within their chosen field.

Talk to one of CSF’s sport career advisors and find out how you could commence a career in:

- Sport coaching at amateur, national or international level for sporting clubs or athletes.
- High performance strength and conditioning trainer
- Administration manager
- Manager in a sport, recreation or fitness Centre
- Sport development manager
- Talent development manager
- Program developer
- Competition manager

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CHAMPIONS AREN’T MADE IN THE GYMS. CHAMPIONS ARE MADE FROM SOMETHING THEY HAVE DEEP INSIDE THEM - A DESIRE, A DREAM, A VISION.

— MUHAMMAD ALI, AMERICAN BOXER

<table>
<thead>
<tr>
<th>CSF Courses</th>
<th>University of Canberra</th>
<th>Degree Credit</th>
<th>Remaining years to Complete Degree</th>
</tr>
</thead>
<tbody>
<tr>
<td>SIS50612 Diploma of Sport Development</td>
<td>688AA Bachelor of Sport Management</td>
<td>1 year advanced standing</td>
<td>2 years remaining</td>
</tr>
<tr>
<td>SIS50512 Diploma of Sport Coaching</td>
<td>274AA Bachelor of Sport and Exercise Science</td>
<td>1 year advanced standing</td>
<td>2 years remaining</td>
</tr>
<tr>
<td></td>
<td>688AA Bachelor of Sport Management</td>
<td>1 year advanced standing</td>
<td>2 years remaining</td>
</tr>
</tbody>
</table>
Our courses are designed to cultivate a unique combination of skill, knowledge and expertise content, representing international best practice with significant input from key industry bodies such as the Australian Sports Commission, National Sporting Organisations and the Industry Skills Council.

CSF understands the industry and no matter which study pathway you decide we believe that at the end of your qualification you would gain relevant industry knowledge and skills.

**OUR COURSES**

- **SPORT COACHING**
- **SPORT DEVELOPMENT**
- **SPORT & RECREATION**

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**OUR COURSES**

LEADERS AREN’T BORN, THEY ARE MADE. AND THEY ARE MADE JUST LIKE ANYTHING ELSE, THROUGH HARD WORK. AND THAT’S THE PRICE WE’LL HAVE TO PAY TO ACHIEVE THAT GOAL, OR ANY GOAL.

— VINCENT LOMBARDI

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**WEEKLY TIMETABLE**

**OPTION 1**
- **2 days / 20 hours**
  > 8.00am – 4.00pm + 5 hours Online

**OPTION 2**
- **3 nights / 20 hours**
  > 5.00pm – 10.00pm + 5 hours Online

*Availability depends on enrolments

**STARTING DATES**

The year is divided into 4 terms. The academic year begins in February. Principle start dates are at the beginning of each term.

Limited choice of subjects for mid-term start dates.
### ABOUT THIS COURSE

Students will engage in learning experiences that promote and encourage analysis and critical reflection on current coaching practices and contexts. Developing expertise and knowledge in leadership, management and relationship building, as well as gaining an understanding of the fundamental principles of sport science and practice, which will serve as a theoretical backdrop for a professional sport coaching career.

### ENTRY REQUIREMENTS
- Be 18 years of age or above.
- English language level of minimum IELTS 5.5 or equivalent.
- Year 11 or equivalent certificate of senior secondary education.
- Enrolment into a higher sport coaching qualification level requires completion of a lower qualification level or equivalent.
- Have complete physical ability (May require interview prior of acceptance).

### SUBJECT AREA WITHIN THIS COURSE*

| Administration - General Administration | Management and Leadership |
| Client and Customer Service | Martial Arts |
| Coaching & Instruction | Risk Management |
| Communication - Interpersonal Communication | Sport |
| Communication and Teamwork | Sport Coaching |
| Community Recreation Development | Sport Development |
| Computer Skills | Sport Officiating |
| Creativity and Innovation - Innovation | Strength and Conditioning |
| Facility Management | Surfing |
| Finance | Swimming |
| First Aid | Training & Assessment |
| Fitness | Volleyball |
| Human Resource Management | Work Health & Safety |
| Industry capability - Workplace effectiveness | Working in Industry |

*Note that not all subject areas are displayed on this brochure &/or delivered within each certificate. The Sport Coaching courses are package qualification and each qualification has a specific career outcome. More information about specific units of competency within each qualification and or refund policy go to www.csf.edu.au

### COURSE FEES
- **Enrolment Fee (Non-refundable):** A$150
- **Learning Material Fee:** A$20 per term + A$5 (copy card)
- **Uniform Pack Fee:** A$100

Includes first uniform for entry course. Further uniforms will be required for future courses - $50 per pack.

### DURATION AND TUITION FEES

<table>
<thead>
<tr>
<th>LEVEL</th>
<th>DURATION</th>
<th>TUITION FEES</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CERTIFICATE II IN SPORT COACHING</strong></td>
<td>(SIS20513) / CRICOS Course Code 084436K</td>
<td></td>
</tr>
<tr>
<td><strong>3 MONTHS / 1 TERM</strong></td>
<td></td>
<td>A$1,600</td>
</tr>
<tr>
<td><strong>CERTIFICATE III IN SPORT COACHING</strong></td>
<td>(SIS30713) / CRICOS Course Code 084438G</td>
<td></td>
</tr>
<tr>
<td><strong>6 MONTHS / 2 TERMS</strong></td>
<td></td>
<td>A$3,200</td>
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<tr>
<td><strong>CERTIFICATE IV IN SPORT COACHING</strong></td>
<td>(SIS40512) / CRICOS Course Code 081600E</td>
<td></td>
</tr>
<tr>
<td><strong>9 MONTHS / 3 TERMS</strong></td>
<td></td>
<td>A$4,800</td>
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<tr>
<td><strong>DIPLOMA OF SPORT COACHING</strong></td>
<td>(SIS50512) / CRICOS Course Code 081639A</td>
<td></td>
</tr>
<tr>
<td><strong>18 MONTHS / 6 TERMS</strong></td>
<td></td>
<td>A$9,600</td>
</tr>
</tbody>
</table>

### CAREER OUTCOME
- Community Coach
- Coach
- High Performance Coach
NEVER GIVE UP!
FAILURE AND REJECTION ARE ONLY THE FIRST STEP TO SUCCEEDING.
— JIM VALVANO, AMERICAN COLLEGE BASKETBALL COACH

SPORT DEVELOPMENT

ABOUT THIS COURSE
A sports development officer aims to provide opportunities for the participation inside all sections of sport. Delivering information to organise sport-related projects such as talent identification coordinator or manager, competition manager, program coordinator, coaching, club development manager and training. These programs have been designed to give you the knowledge and skills to apply within all levels of your chosen sporting discipline whether it’s for a local, national or even an international club, organisation or athlete.

CAREER OUTCOME
› Competition Coordinator and or Manager
› Sport Development Coordinator or Programmer
› Talent Development Coordinator and or Manager

COURSE FEES
› Enrolment Fee (Non-refundable): A$150
› Learning Material Fee: A$20 per term + A$5 (copy card)
› Uniform Pack Fee: A$100
Includes first uniform for entry course. Further uniforms will be required for future courses - $50 per pack.

ENTRY REQUIREMENTS
› Be 18 years of age or above.
› English language level of minimum IELTS 5.5 or equivalent.
› Year 11 or equivalent certificate of senior secondary education.
› Enrolment into a higher sport coaching qualification level requires completion of a lower qualification level or equivalent.
› Have complete physical ability (May require interview prior of acceptance).

CAREER OUTCOME
› Competition Coordinator and or Manager
› Sport Development Coordinator or Programmer
› Talent Development Coordinator and or Manager

DIPLOMA OF SPORT DEVELOPMENT
(DISS50612) / CRICOS Course Code 081638B

DURATION
12 MONTHS / 4 TERMS
TUITION FEES
A$ 6,400

CERTIFICATE IV IN SPORT DEVELOPMENT
(SI540612) / CRICOS Course Code 081636D

DURATION
6 MONTHS / 2 TERMS
TUITION FEES
A$ 3,200

SUBJECT AREA WITHIN THIS COURSE*
Community Recreation Development
Administration- General Administration
Business development- Marketing
Career Oriented Participation
Client and Customer Service
Coaching and Instruction
Communication and Team Work
Computing skills
Emergency Response
Events
Human Resource Management
Industry Capability - Sustainability
Management and leadership- Management
Marketing and Public Relations
Regulation, Licensing and Risk- Risk Management
Soccer
Sport Coaching
Sport Development
Work health and safety
Working in industry

*Note that not all subject areas are displayed on this brochure &/or delivered within each certificate. The Sport Development courses are package qualification and each qualification has a specific career outcome. More information about specific units of competency within each qualification and or refund policy go to www.csf.edu.au
YOU SHOULD NEVER WANT TO BE PERFECT, HE WHO IS PERFECT CAN NEVER GET ANY BETTER.

— ASHLEY M.L.

ABOUT THIS COURSE
The sport and recreation course is a full time comprehensive sports course designed to prepare students for a career in the leisure industry or to provide a pathway to further study. The course aims to encourage students to engage in a broad area of study in both academic and practical areas. Successful candidates of this course can enjoy a range of careers within the sport, fitness or recreation industry such as facility coordinator, administration coordinator and recreation coordinator.

CAREER OUTCOME
› Facility Coordinator
› Grounds Coordinator
› Administration Coordinator

ENTRY REQUIREMENTS
› Be 18 years of age or above.
› English language level of minimum IELTS 5.5 or equivalent.
› Year 11 or equivalent certificate of senior secondary education.
› Enrolment into a higher sport coaching qualification level requires completion of a lower qualification level or equivalent.
› Have complete physical ability (May require interview prior of acceptance).

COURSE FEES
› Enrolment Fee (Non-refundable): A$150
› Learning Material Fee: A$20 per term + A$5 (copy card)
› Uniform Pack Fee: A$100
Includes first uniform for entry course. Further uniforms will be required for future courses - $50 per pack.

SUBJECT AREA WITHIN THIS COURSE*
Soccer
Working in Industry
Leadership & Facility Management
Business Planning
Safety, Emergency and Risk Management
Client and Customer Service
Computer Studies
Career Oriented and Recreation Development
Officiating

CERTIFICATE IV SPORT AND RECREATION (SIS40412) / CRICOS Course Code 081637C

DURATION
6 MONTHS / 2 TERMS

TUITION FEES
A$3,200

*More information about specific units of competency within each qualification and or refund policy go to www.csf.edu.au
3. APPLYING FOR STUDENT VISA

All international students must apply for and obtain a Student Visa from an appropriate Australian Embassy before leaving for Australia. The general conditions required for a Student Visa to be issued are:

- Letter from CSF accepting your application.
- Confirmation of Enrollment after the respective fees has been paid.
- Health Check-up as required by regulators.
- Proof of financial support.

Further assistance with Student Visa contact CSF or go to DIBP website www.immi.gov.au.

4. CHANGE OF VISA STATUS

If a student becomes a permanent resident of Australia during the program no refunds are applicable.

5. PRIVACY POLICY

CSF is bound by Information Privacy Principles and our obligations under the Commonwealth Privacy Act 1988 and the Privacy Policy on our website and student handbook.

6. COMPLAINTS AND APPEALS POLICY

To CSF it is important that all students and clients are satisfied with the services we provide and that all appeals and complaints are handled in a fair and equitable way. CSF complaints and appeals policy and procedures is available from CSF website.

7. SCHOOL AGED DEPENDENTS

If you are intending to come to Australia with school-age dependents you will be required to pay the full fees for their compulsory schooling.

More information www.immi.gov.au or contact CSF.

8. RECOGNITION OF PRIOR LEARNING (RPL)

Application for RPL or Credit Transfer as a result of your previous learning and or qualifications must be completed and submitted 15 days prior to the commencement of your enrolled course. Successful RPL applicants may result in the reduction of the course duration and for international students DIAC will be notified. To obtain a RPL application go to CSF website or request by your educational agent or at the institute.

9. ISSUING A QUALIFICATION

To receive a full qualification students are required to reach competency in all units of the course in which they are enrolled. If a student does not reach competency in all required units for the qualification, they will be issued a statement of attainment.

10. ACcommodation Assistance

Organising accommodation and finding the right place to suit your needs and budget, can be one of the biggest challenges for a new student arriving in Australia. There are many options to choose from such as Homestay, Hostels, Shared Accommodation and Studio apartments.

More information about these types of accommodation and approximate cost can be found in the student guide from CSF website or upon request.

11. ORIENTATION

An Orientation Day is held before the course commencement date and students are expected to attend. During the orientation, students will receive all the relevant information about the institute policies, procedures and operations, living in Australia, support services and the obligation of students and CSF. Students are also given study information and can meet other students to build friendships that last a lifetime.

12. How to Enrol

EASY STEPS.

1. CHOOSE COURSE TO STUDY

2. COMPLETE APPLICATION FORM

Application form can be downloaded from our website or completed online www.csf.edu.au

3. Attach all relevant documents

Document Checklist
- Copy of Passport
- Copy of Highest Qualification Achieved
- Copy of proficiency English level qualification (If applicable)

4. Submit your application

Post, Fax, email or complete online your application with the supporting documents.

12 Wentworth Avenue
Darlinghurst 2010 NSW Australia
Tel: +61 2 92674768
Fax: +61 2 92674769
Email: admission@csf.edu.au

5. Successful applicants

If your application is successful CSF will send you an Offer Letter offering you a place on the course.

6. Payment of fees

On receipt of the Offer Letter and signing the Student Agreement you will need to pay all fees. Please refer to the amount payable section of your Offer Letter.

7. Applying for student visa

(INTERNATIONAL STUDENTS)

When CSF receives all monies, signed and returned student agreement contract we will send you or your educational agent an official Confirmation of Enrolment (CoE). Once you receive all these documentation from CSF you can apply for a Student Visa at an Australian Embassy or Consulate. Please contact CSF or your education agent if you require assistance.

CSF website or completed online www.csf.edu.au

www.aei.gov.au

Further assistance with Student Visa contact CSF or go to DIBP website www.immi.gov.au.

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Australia’s laws promote quality education and consumer protection for overseas students. These laws are known as the ESOS Framework and includes the Education Services for Overseas Students (ESOS) Act 2000 and the National Code.

More information about the ESOS Framework go to www.aei.gov.au

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EDUCATION IS OUR PASSPORT TO THE FUTURE, FOR TOMORROW BELONGS TO THE PEOPLE WHO PREPARE FOR IT TODAY.

— MALCOLM X